



## Oregon School Activities Association

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## **2026 TENNIS PLAN BOOK**

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### **SEASON DATES**

First Practice Date .....	March 2
First Contest Date .....	March 16
Cutoff Date.....	May 16
6A, 4A/3A/2A/1A Finals .....	May 21-23
5A Finals.....	May 22-23

### **2026 USTA TENNIS RULES**

**USTA Friend at Court Tennis rule books are available for free via the NFHS at: [2025-friend-at-court.pdf](https://www.nfhs.org/Products/2025-friend-at-court.pdf)**

For more information about USTA Tennis Rules, visit <http://www.usta.com>.

Requests for rule interpretations or explanations should be directed to the OSAA. The USTA will assist in answering rules questions from the state associations whenever called upon.

### **OSAA ADOPTED TENNIS RULES AND INTERPRETATIONS**

*The 2026 USTA Official Rules of Tennis will be used with the following clarifications:*

1. USTA Rules will govern play. All rules, such as foot faults, will be enforced.
2. A contestant may enter in one event, i.e., either Singles or Doubles.
3. It is recommended that players from the same school be dressed similarly. If any wording, other than the school name, appears on a player's uniform, it shall be no larger than 2-1/4 inches square. Players with inappropriate attire will not be permitted to participate and may be subject to delay of match penalties per USTA rules.

### **OSAA TENNIS POLICIES**

#### **Effective outside Association Year.**

##### **1. SUMMER POLICY**

See OSAA Executive Board Policy "SUMMER POLICY" in the OSAA Handbook, revised Fall 2017.

#### **Effective First Practice Date through End of HS Season.**

##### **1. PRACTICE MODEL**

See OSAA Executive Board Policy "PRACTICE MODEL" in the OSAA Handbook, revised July 2021.

##### **2. PARTICIPATION LIMITATIONS**

See OSAA Executive Board Policy "PARTICIPATION LIMITATIONS" in the OSAA Handbook, revised September 2025.

- A. **Team.** A school team shall not compete in more than 16 playing dates at each level of competition, exclusive of the varsity district tournament and state championships. ***A maximum of eight playing dates (of the allowable 16) may be multiple matches in the form of double duals or tournaments.*** Any time a student participates representing their school, it shall count toward the school's team limitation.

Teams with limited players (no more than two) may fill open slots in a match between two other schools' teams. The match shall count as only one playing date for all teams concerned.

**B. Individual Singles / Doubles.**

- 1) A student shall not compete in more than 16 playing dates, exclusive of the varsity district tournament and state championships.
- 2) A maximum of eight playing dates (*of the allowable 16*) may be multiple matches in the form of double duals or tournaments.
- C. **Dual Match.** *The individual match limitations per day apply to a double dual, or a tournament format In a dual match format where one team plays another, students may play singles or doubles and may play only one varsity match per day.*

**D. Double Dual Match. *In a double dual match format which involves three teams competing in a dual format against each other on the same day, a student may compete in both singles and doubles, but not against the same school.*****E. Tournaments.**

- 1) A one-day tournament shall count as one playing date for the team. A two-day tournament shall count as two playing dates for the team.
- 2) *In the state championships tournament format, a student may play either singles or doubles, but not both in the same state championships tournament.*
- 3) *In a tournament format when all matches are best of 3 tiebreak sets students shall not compete per day in more than:*
  - a) *2 singles matches or*
  - b) *3 doubles matches or*
  - c) *Any combination of the two listed in USTA Friend at Court Table 8 (Scheduling guidelines for Junior Divisions; Maximum number of matches per day)*
- 4) *In a tournament format when all matches are played with a 10-point tiebreak in lieu of the 3<sup>rd</sup> set, short sets, or 8-game pro sets, students shall not compete per day in more than:*
  - a) *3 singles matches or*
  - b) *4 doubles matches or*
  - c) *Any combination of the two listed in USTA Friend at Court Table 8 (Scheduling guidelines for Junior Divisions; Maximum number of matches per day)*

**F. Rest**

- 1) *All players shall be offered at least:*
  - a) *60 minutes of rest between singles matches*
  - b) *30 minutes of rest between doubles matches, or when short sets or 8-game pro sets are used for singles or double matches.*
  - c) *All players shall be offered at least 12 hours of rest between the completion of their last match of any day and the start of play of their first match of the following day.*
  - d) *No match may start nor should a suspended match resume after 10pm.*

**3. INTERRUPTED CONTESTS**

See OSAA Executive Board Policy "INTERRUPTED CONTESTS" in the OSAA Handbook, revised Fall 2015.

## **STATE CHAMPIONSHIP INFORMATION**

**1. STATE CHAMPIONSHIPS POSTING TIMELINES:**

- A. **Athletic Directors, Coaches and Spectators:** Detailed information regarding the Tennis State Championships will be posted on the OSAA website (<https://www.osaa.org/activities/gtn>) by April 30. It is essential that participating teams and individuals access this information prior to the state championships. Included will be information regarding ticket prices, parking, maps, how to submit souvenir program information, souvenir merchandise, etc.

B. **District Tournament Directors:** Detailed information regarding the District Tournament Director responsibilities, including the state championship entry form, will be posted on the OSAA website (<https://www.osaa.org/activities/qtn>) by April 23. Each District Tournament Director must submit all state championship entries electronically.

**2. STATE CHAMPIONSHIP LOCATIONS:**

- A. **6A:** Tualatin Hills Tennis Center, 15705 SW Walker Road, Beaverton, OR 97006.
- B. **5A:** West Hills Racquet Club, 2200 SW Cedar Hills Blvd, Portland, OR 97225.
- C. **6A, 5A Finals:** Tualatin Hills Tennis Center, 15705 SW Walker Road, Beaverton, OR 97006.
- D. **4A/3A/2A/1A Finals:** Oregon State University, 211 Dixon Recreation Center, Corvallis, OR 97331.

**3. CHAMPIONSHIP QUALIFICATIONS:**

- A. **6A** – 28-person OSAA bracket
  - 1) **Automatic Qualifiers:** Twenty-eight singles and doubles teams automatically qualify for the OSAA's 28-person bracket. Each league determines how they will select their allotted playoff spots.  
PIL – 4; Metro – 4; Pacific – 4; Mt. Hood – 4; Three Rivers – 4; Central Valley – 4; Southwest – 4
  - 2) **Cutoff Date:** The automatic qualifiers must be determined by 10pm ***Saturday, May 16.***
    - a) Once the qualifiers are determined, the seeding committee will seed the top eight players/doubles for the 6A.
    - b) Placement on the bracket will be according to USTA rules and the OSAA seeding committee process. The process includes the following exceptions:
      - (1) Players or doubles teams from the same district shall not meet prior to the round of sixteen for 6A.
      - (2) If the first and second place finishers in the district are from the same school, they shall not meet prior to the final. No players/doubles teams from the same school shall meet prior to the semifinals.
- B. **5A** – 16-person OSAA bracket
  - 1) **Automatic Qualifiers:** Sixteen singles and doubles teams automatically qualify for the OSAA's 16-person bracket. Each league determines how they will select their allotted playoff spots.  
Northwest Oregon – 4; Mid-Willamette – 4; Midwestern – 4; Intermountain – 4
  - 2) **Cutoff Date:** The automatic qualifiers must be determined by 10pm ***Saturday, May 16.***
    - a) Once the qualifiers are determined, the seeding committee will seed the top four players/doubles for the 5A.
    - b) Placement on the bracket will be according to USTA rules and the OSAA seeding committee process. The process includes the following exceptions:
      - (1) Players or doubles teams from the same district shall not meet prior to the quarterfinals for the 5A.
      - (2) If the first and second place finishers in the district are from the same school, they shall not meet prior to the final. No players/doubles teams from the same school shall meet prior to the semifinals.
- C. **4A/3A/2A/1A** – 20-person OSAA bracket
  - 1) **Automatic Qualifiers:** Twenty singles and doubles teams automatically qualify for the OSAA's 20-person bracket. Each special district determines how they will select their allotted playoff spots.  
Special District 1 – 4; Special District 2 – 4; Special District 3 – 4; Special District 4 – 4; Special District 5 – 4
  - 2) **Cutoff Date:** The automatic qualifiers must be determined by 10pm ***Saturday, May 16.***
    - a) Once the qualifiers are determined, the seeding committee will seed the top four players/doubles for the 4A/3A/2A/1A.
    - b) Placement on the bracket will be according to USTA rules and the OSAA seeding committee process. The process includes the following exceptions:
      - (1) Players or doubles teams from the same district shall not meet prior to the quarterfinals for the 4A/3A/2A/1A.

(2) If the first and second place finishers in the district are from the same school, they shall not meet prior to the final. No players/doubles teams from the same school shall meet prior to the semifinals.

#### **4. OSAA CHAMPIONSHIP FORMAT**

- A. A contestant may enter in one event, i.e., either Singles or Doubles.
- B. "AD" scoring will be used for all play
- C. Main Draw Singles & Doubles
  - 1) Best 2 of 3 with a 7-point tiebreaker at 6 all
- D. Consolation Prior to Finals - Singles & Doubles
  - 1) 8-game Pro-sets
  - 2) Must win by 2 with a 7-point tiebreaker at 8 all
- E. Consolation Finals Singles & Doubles
  - 1) Best 2 of 3, with a 7-point tiebreaker at 6 all
- F. All players shall be offered at least
  - 1) 60 mins of rest between singles matches

**5. COACHING:** All coaches are asked to be available for championship duties such as announcing matches, getting matches started or acting as assistant referees if necessary. Head coach, assistant coach or one team captain must be designated at the beginning of the day with meet staff and may provide coaching during 90-second changeover at baseline of court – through the fence. Coaching may also occur during the two-minute rest period between sets (if even) but not during change of a tiebreak game. During a ten-minute rest period between split sets, any NFHS certified coach may coach if high school coach and player permit.

#### **6. STATE CHAMPIONSHIPS – INDIVIDUAL SPORT SUBSTITUTIONS (OSAA Handbook, Executive Board Policies) (Revised Spring 2015)**

- A. The following shall be the policy for substitutions in individual sport State Championship events. All individuals who are substitutes for individual qualifiers must have participated in a District or Special District Meet.
- E. **Tennis**
  - 1) **Singles:** Any substitutions for singles qualifiers may be made until 4pm two business days prior to the first day of the state championships.
    - a) If a singles player is replaced after the start of the seeding meeting for the state championships, the replaced person is not eligible to replace someone else on a doubles team.
  - 2) **Doubles:** Any changes in doubles qualifiers may be made until 4pm two business days prior to the first day of the state championship.
    - a) A doubles player may be replaced only by another team member who is no higher on the team ladder than the player they are replacing.

#### **7. STATE CHAMPIONSHIPS – ADOPTED BALL (OSAA Handbook, Executive Board Policies)**

(Fall 2010)

The OSAA shall require that the officially adopted ball for that sport be used in all state championship contests, first round through final sites.

##### **A. State Championship Contests at Home Sites.**

- 1) **Team sports (other than football).**
  - a) **Procedure.** Officials shall confirm that the game balls provided by the home team are the officially adopted balls. If the home team does not have the officially adopted ball, officials shall inquire if the visiting team has the officially adopted ball and use them if they are available. If neither team has the officially adopted ball, the contest shall be played, and officials shall report the violation by the host school to the OSAA.
  - b) **Penalty.** If no officially adopted balls are available for use at an OSAA state championship contest, the host school shall be subject to fines, forfeiture and/or other penalties as determined by the OSAA Executive Board.

B. **State Championship Contests Administered by OSAA Staff.** Officially adopted balls (**Wilson US Open Extra Duty**) shall be provided by OSAA staff administering the contests.

## OSAA GENERAL POLICIES

### RULES

#### Rule 3 – Contests – Sportsmanship – Crowd Control

See RULES - Athletic, Cheerleading and Dance/Drill “Rule 3-Contests-Sportsmanship-Crowd Control” in the OSAA Handbook.

#### Rule 7 – Out-of-Season and Non-School Activities

See RULES - Athletic, Cheerleading and Dance/Drill “Rule 7-Out of Season and Non-School Activities” in the OSAA Handbook.

### EXECUTIVE BOARD POLICIES

#### 1. ADVERSE WEATHER CONDITIONS / AREA-WIDE EMERGENCY PROCEDURES

See OSAA Executive Board Policy “ADVERSE WEATHER CONDITIONS/AREA-WIDE EMERGENCY PROCEDURES” in the OSAA Handbook, revised May 2020.

#### 2. AIR QUALITY GUIDELINES

See OSAA Executive Board Policy “AIR QUALITY GUIDELINES” in the OSAA Handbook, revised February 2024.

#### 3. ATTACHED AND UNATTACHED COMPETITION / EXHIBITION

See OSAA Executive Board Policy “ATTACHED AND UNATTACHED COMPETITION/EXHIBITION” in the OSAA Handbook, revised August 2012.

#### 4. CERTIFICATION – ATHLETIC DIRECTORS AND COACHES

See OSAA Executive Board Policy “CERTIFICATION-ATHLETIC DIRECTORS AND COACHES” in the OSAA Handbook, **revised May 2024**.

#### 5. CHARITABLE CAUSES

See OSAA Executive Board Policy “CHARITABLE CAUSES” in the OSAA Handbook, revised Fall 2012.

#### 6. CONCUSSION MANAGEMENT

See OSAA Executive Board Policy “CONCUSSION MANAGEMENT” in the OSAA Handbook, revised **September 2025**.

[\(Medical Release – Return to Participation Following a Concussion\)](#)      [\(Medical Release – Return to Learn Following a Concussion\)](#)

#### 7. HAIR DEVICE / ADORNMENT

See OSAA Executive Board Policy “HAIR DEVICE/ADORNMENT” in the OSAA Handbook, revised Summer 2022.

#### 8. HEAT INDEX

See OSAA Executive Board Policy “HEAT INDEX” in the OSAA Handbook, revised Fall 2014.

[\(Heat Index Calculator\)](#)      [\(Heat Index Record\)](#)

#### 9. LIGHTNING SAFETY GUIDELINES

See OSAA Executive Board Policy “LIGHTNING SAFETY GUIDELINES” in the OSAA Handbook, revised Fall 2018.

[\(NFHS Position Statements & Guidelines\)](#)

#### 10. MORATORIUM WEEK

See OSAA Executive Board Policy “MORATORIUM WEEK” in the OSAA Handbook, revised May 2014.

#### 11. NON-DISCRIMINATION POLICY

See OSAA Executive Board Policy “NON-DISCRIMINATION POLICY” in the OSAA Handbook, revised July 2019.

[\(Complaint Form\)](#)

#### 12. REPORTING SCHEDULES, ROSTERS AND RESULTS

See OSAA Executive Board Policy “REPORTING SCHEDULES, ROSTERS AND RESULTS” in the OSAA Handbook, revised Summer 2024.

#### 13. SHARED FACILITIES

See OSAA Executive Board Policy “SHARED FACILITIES” in the OSAA Handbook, revised Fall 2015.

[\(Shared Facility Request\)](#)

#### 14. WITHDRAWAL DURING A COMPETITION

See OSAA Executive Board Policy “WITHDRAWAL DURING A COMPETITION” in the OSAA Handbook.