



Oregon School Activities Association

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2025 SOCCER PLAN BOOK

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SEASON DATES

First Practice Date	August 18
First Jamboree / First Contest Date.....	August 28
6A, 3A/2A/1A Rankings Freeze Date	10pm, October 28
6A, 3A/2A/1A Cutoff Date	October 28
5A, 4A Rankings Freeze Date.....	10pm, November 1
5A, 4A Cutoff Date.....	November 1
6A, 3A/2A/1A First Round	November 1
6A, 3A/2A/1A Girls Second Round	November 4
5A, 4A Girls First Round.....	November 4
6A, 3A/2A/1A Boys Second Round.....	November 5
5A, 4A Boys First Round	November 5
All Quarterfinals	November 8
All Semifinals	November 11
All State Championships.....	November 15

Reporting Schedules and Scores – Find Account Instructions on our Help Page at <http://www.osaa.org/help>

NFHS 2025 SOCCER RULES

Order a NFHS Soccer Rules Book from the [OSAA Corner Store](#) or contact the OSAA (503.682.6722) for more information.

For more information about NFHS Soccer Rules, visit <http://www.nfhs.org/activities-sports/soccer/>.

2025-26 RULES CHANGES

3-3-1,2,3,2c (NEW)	Removes redundant language and permits substitutions during a temporarily suspended game. Rationale: Eliminates redundant language and allows substitutions during a temporarily suspended game. In hot weather, state associations often authorize stoppages within a half for water breaks. Under this change, teams would now be permitted to make substitutions during these stoppages.
3-3-2b(2)	Clarifies that an injured player must leave the field if the referee beckons a coach or appropriate health-care provider. Rationale: The rules change clarifies the current rule that if an official beckons a coach or appropriate health-care provider for any injured player, including the goalkeeper, that player must leave the field regardless of the reason the clock is stopped.
4-1-2	Clarifies that a number is required on the front of the jersey and/or the shorts. Rationale: This language supports the rule prior to the reorganization of Rule 4 and adds clarification to the overall interpretation to clarify that a number is required on the front of the uniform which may be on the jersey and/or the shorts.
7-2-4 (NEW)	Prohibits a coach or team personnel other than the team captain from speaking with a referee during interval between periods, unless beckoned by a referee. Rationale: The time between periods of play is designated for rest for all participants, not for engaging with officials. This rule change introduces specific language and penalties for coaches who confront

	officials during these intervals, aiming to reduce unnecessary disputes and maintain a respectful game environment.
12-4-4	A misconduct penalty may be given to the head coach if team or bench misconduct occurs. Rationale: To encourage and support sporting and positive bench decorum, the rule change reinforces the head coach's responsibility for the conduct of their team and bench personnel within the team area. It provides officials with additional tools, allowing them to warn, caution, or eject the head coach if any bench personnel engage in misconduct.
Rule 18	Elimination of Rule 18. Incorporating the definitions into their corresponding rules while expanding the index to serve as a quick reference tool to streamline the rules, improve clarity, remove unnecessary duplication and eliminate conflicting definitions. Rationale: This change relocates definitions into their corresponding rules, streamlining the rules book by reducing redundancies and contradictions. The expanded index at the back of the book continues to serve as a helpful quick reference tool, while definitions were updated and aligned in context with appropriate rules.

2025-26 EDITORIAL CHANGES

3-3-2b(5), 3-3-3b(4), 3-3-3c(2), 3-3-3d(3), 3-3-7 4-1-1c, 4-1 Notes, 5-1-2, 13-1-5

2025-26 POINTS OF EMPHASIS

EDUCATION BASED HIGH SCHOOL ATHLETICS

High school athletics play a vital role in the overall growth of student-athletes, providing opportunities to develop physically, mentally, and emotionally. Soccer serves as a platform for building essential life skills such as teamwork, discipline, leadership, and resilience. Coaching priorities focus on fundamental skills, strategic gameplay, and decision-making while instilling respect for opponents, officials, and teammates. As the game evolves, a strong understanding and application of the rules are essential to maintaining fair and safe competition, making rule education a key responsibility for players, coaches, and officials.

A well-rounded high school soccer program should emphasize both athletic and academic development, reinforcing the importance of discipline, time management, and perseverance. Education-based athletics prepare students not only for success in sports but also for their future endeavors by teaching valuable life lessons through competition. Schools, coaches, and administrators must work together to ensure that high school soccer fosters growth, responsibility, and leadership, creating a positive experience that supports student success both on and off the field.

COURAGE, CHARACTER AND CONSISTENCY

Courage, character, and consistency are essential qualities for any soccer official. These qualities encourage the game to be managed fairly, effectively, and with integrity. Officials must have the courage to make difficult decisions, calling fouls equally for both teams without fear of backlash from players, coaches, or spectators. This courage extends to maintaining authority on the field, recognizing and firmly addressing any attempts to challenge their control or interfere with the game. Character is reflected in professionalism and the official's personality they incorporate into their management philosophy, fostering cooperation and mutual support within the officiating team. By maintaining composure and a focused attitude, officials uphold the integrity of the game, ensuring their decisions are based on the rules within the spirit of the game, rather than external pressures or emotions.

Consistency ties these attributes together, ensuring officials apply the rules uniformly and fairly throughout the game. Players and coaches expect predictability from officials in decision-making, which reinforces trust in the official's authority. An official who applies the rules consistently, while managing interactions with confidence and conviction, fosters a controlled and respectful environment. An official who successfully combines these attributes bolsters acceptance when managing dissent and conflicts, while emphasizing calmness, direct communication, and resolution without unnecessary escalation. Ultimately, courage, character, and consistency define an official's ability to manage the game effectively, uphold fairness, and maintain order, ensuring a positive experience for all participants.

TEAM AREAS and BENCH DECORUM

Effective communication is essential for officials in maintaining control over the match, particularly when dealing with bench decorum and sportsmanship. An official's role is to keep the game safe, fair, and fun, which requires adapting to the level of play and responding to game situations as they develop. High school soccer is an extension of the classroom, meaning officials must uphold the highest standards of professionalism, composure, and integrity. By setting a respectful tone, referees can prevent escalation and unnecessary conflict. Recognizing and addressing dissent early is crucial—while emotional reactions can be ignored, public, provocative, or persistent complaints must be dealt with decisively.

Coaches and bench personnel set the tone for their teams, and poor behavior can spread if not managed properly. In education-based athletics, adult leaders must be champions of character. Bench decorum must be actively monitored, as unchecked misconduct from the team area can quickly influence players and spectators. The head coach has an obligation to manage their team's behavior. A firm but fair approach ensures that the game remains under control while demonstrating respect for all participants. Officials have tools to warn coaches and must take action to sanction misconduct when it occurs. Ultimately, head coaches are responsible for their team area, including assistant coaches and substitutes, and must be held accountable for any misconduct occurring within it.

Player Equipment (Shinguards)

Ensuring student-athlete safety is a top priority, and proper equipment plays a key role in maintaining a safe and fair playing environment. NFHS Rule 4 provides clear guidelines on required player equipment, including shin guards, which are essential for protecting athletes during competition. Given that high school players are still in their developmental stages, shin guards must be age- and size-appropriate, meeting NOCSAE safety standards. Each shin guard must display the NOCSAE seal, permanently marked on the front, indicating the approved height range for that model.

While coaches are responsible for ensuring their players are properly equipped before the game, officials take a proactive approach by observing warm-ups to identify any potential concerns. Rather than conducting formal equipment checks, referees use preventive officiating by maintaining awareness during pregame activities and addressing any noticeable issues. If a player's shin guards appear inadequately sized, officials should engage with the coach in a professional and approachable manner to confirm compliance.

By prioritizing communication and proactive observation, officials help reinforce safety standards while allowing players to focus on the game. A consistent and safety-conscious approach ensures that every student-athlete competes with the necessary protective equipment, contributing to a positive and well-regulated match experience.

Requests for rule interpretations or explanations should be directed to the OSAA. The NFHS will assist in answering rules questions from the state associations whenever called upon.

OSAA ADOPTED SOCCER RULES AND INTERPRETATIONS

The 2025-26 NFHS Soccer Rules Book will be used with the following clarifications:

The term "referee" used throughout refers to the center referee or head referee depending on the system of officiating.

1-1	If a field is, or appears to be, larger or smaller than the dimensions specified, the referee will bring that to the attention of the game-site administrator and/or the home team's head coach and will include that information on the game report. The contest will still be played.
1-5-3	Both teams shall be on the same side of the field.
3-1	Teams cannot share players from the opposing school (e.g., a team that is playing shorthanded cannot temporarily borrow a player from the opposing school.)
3-1-2	If a team cannot field a full side of 11 players, the opposing team is not required to reduce their number of players. (Although doing so could be a sign of good sportsmanship, and the situation may even be discussed prior to the game, the referee cannot compel a team to play shorthanded just because the other team is playing short.)
3-1-3	Officials are not to interpret OSAA rules regarding participant eligibility, contest limitations, or ejection suspension periods. If a concern exists beyond the NFHS rules and these OSAA adopted interpretations,

	the game shall be played with any participant listed by either team and the officials shall include that information on the game report. (E.g., if a visiting coach complains that a home team player should not be allowed to play in the varsity game because they participated in both halves of the previous sub-varsity game, the referee is to allow the player in question to participate and include the details of the situation and coach's complaint on the game report.)
3-3-2b(4)	A player who exhibits signs, symptoms, or behaviors consistent with a concussion following an observed or suspected blow to the head or body shall be removed from the game by either their coach or the referee. Any decision to return a player to the contest, after the player has been cleared by a Qualified Health Care Professional, is solely that of the school. Determination of who is a Qualified Health Care Professional shall be made by the school. The referee shall note any occurrence of a suspected concussion and whether the player returned to the game or not on the game report. See OSAA Executive Board Policies, "Concussion Management," for additional information.
4-1-1c	If players choose to wear a soft, cloth face mask, then only those names, patches, emblems, logos, or insignias referencing the school are permitted on players' masks; the player's name is also allowed on their mask. There are no color restrictions for masks.
4-1-1f	Approval must be granted by the OSAA for any commemorative or memorial patch.
4-2-7	A tooth and mouth protector is not required.
4-3-1h	EXCEPTION 2 - Players may wear soft and yielding caps during inclement weather. Caps must be alike in color.
5-1-1	Only the diagonal or dual systems of officiating may be used. Leagues/districts may select one of these systems for regular season league contests. In the absence of an adoption by a league/district, the commissioner of officials will select the system to be used for a particular game for which they are responsible for assigning. NOTE: The diagonal system of officiating shall be used in all district playoff, play-ins, OSAA playoffs, and state championship matches.
5-1-2	The jurisdiction of the officials begins when they enter the field and its immediate surroundings (e.g., they enter a stadium where the game is to be held). The officials' jurisdiction ends when they leave the field and its immediate surroundings after the end of the game.
5-1-3a	The shirt for officials shall be the same as that approved for officials by the United States Soccer Federation. Officials must match in jersey color, but do not need to match in sleeve length.
5-1-3f	Officials may use electronic communication equipment (e.g., beeper flags, radio communication systems, electronic whistles, etc.).
5-2-2d	Although the NFHS rule calls for a single meeting between officials, captains, and head coaches, such a meeting is not required in Oregon. Officials must obtain a complete roster and inquire of each head coach whether their players are properly and legally equipped before the game as per 5-2-2-d-4. This is done independently from meeting with the captains to discuss sportsmanship and conduct the coin toss as provided in 5-2-2-d-2 & 3.
5-4-1a	Officials do not need to verify scores after the game (see OSAA adopted interpretation of 6-3). After the game, the officials should immediately leave the field and its immediate surroundings.
6-1	Ball holders are optional, but are highly recommended. If provided, there shall be at least two ball holders. Since ball holders are under the direction of the referee and are not spectators, they may be positioned behind the goals.
6-2	If a timer, clock operator, or visible timing device is not available, then time shall be kept by the referee who shall continue to use the approved timing signals and no visible clock is to be used (e.g., the home team wants to use the stadium clock without an operator and stop the clock in under five minutes left in each half. This would not be allowed. Time would be kept by the referee and the stadium clock would not be used to display the game time at any point).
6-3	The referee shall be the official scorekeeper.

7-1-1	The duration of the game shall be two equal halves of 40 minutes each (this includes varsity and sub-varsity matches). Leagues/districts may adopt policies to reduce the duration of sub-varsity halves, provided they are still equal.
7-1-3	In the event a game must be suspended in the first half by the referee because of conditions that make it impossible to continue play, the game shall be declared no contest and shall be completely replayed, unless the two teams mutually agree otherwise, or any league/district rules apply. See Executive Board Policies, "Interrupted Contests" and/or "Adverse Weather Conditions / Area-Wide Emergency Procedures" for additional information.
7-1-5	If an eight goal differential occurs at halftime or anytime thereafter, the match shall be terminated and considered a completed match. This applies to all OSAA sanctioned contests, for all levels, and includes post-season matches. This procedure cannot be waived by mutual agreement of the coaches. See Executive Board Policies, "Score Differential Procedures" for additional information.
7-3-1	No tie-breaking procedures are allowed during pre-season or regular season matches (e.g., no overtime is allowed nor are kicks from the penalty mark used to break a tie). Matches that are tied at the end of regulation time will be considered a draw. NOTE: The OSAA State Championship tie-breaking procedures shall be used in all district playoffs, play-ins, OSAA playoffs, and state championship matches.
12-4	An ejected player or coach (red card) shall be ejected for the remainder of the day and required to sit out through the next playing date at that level. Ejected players may remain in the team area and fall under the responsibility of the head coach (12-4-3). Ejected coaches must immediately leave the visible confines of the field and vicinity of the playing area and remain out of sight and sound until the end of the game. Ejected coaches are prohibited from any contact, direct or indirect, with the team during the remainder of the game. Failure to comply shall result in termination of the game (12-4-4c). If an ejected coach was the only adult on the roster, then the referee shall allow the ejected coach to name a replacement to be added to the roster before leaving. Officials are not responsible for verifying the credentials of the replacement adult as that is the school's responsibility. The referee shall include the replacement coach's name on the game report. See OSAA Executive Board Policies, "Ejection Policies-Ejected Player or Coach," for additional information.
12-5-1d	Incidental use of vulgar or profane language is a caution (yellow card).
12-6-1e	A player, coach, or bench personnel who uses derogatory, vulgar, or offensive terms targeting or directed at race, ethnicity, gender, religion, or orientation that is heard by any official shall be disqualified (red card) per 12-6-1e. If such language is reported to an official, but not observed by anyone on the officiating crew, then the referee shall immediately stop the game, stop the clock, and inform both coaches of the reported language. The coaches should be allowed time to speak to their players and bench personnel to remind them of the OSAA's zero-tolerance stance on discriminatory behavior. Play should be restarted according to the stoppage or with a drop ball as per 9-2-1-c.

OSAA SOCCER POLICIES

Effective outside Association Year.

1. [SUMMER POLICY](#)

See OSAA Executive Board Policy "SUMMER POLICY" in the OSAA Handbook, revised Fall 2017.

Effective during Association Year, outside the designated OSAA sport season.

2. [PRACTICE LIMITATION RULE \(6A, 5A, 4A\)](#)

See OSAA Executive Board Policy "PRACTICE LIMITATION RULE (6A, 5A, 4A)" in the OSAA Handbook, revised July 2022.

3. [PRACTICE LIMITATION RULE \(3A, 2A, 1A\)](#)

See OSAA Executive Board Policy "PRACTICE LIMITATION RULE (3A, 2A, 1A)" in the OSAA Handbook, revised July 2022.

Effective First Practice Date through End of HS Season.**1. PRACTICE MODEL**

See OSAA Executive Board Policy "PRACTICE MODEL" in the OSAA Handbook, revised July 2021.

2. PARTICIPATION LIMITATIONS

See OSAA Executive Board Policy "PARTICIPATION LIMITATIONS" in the OSAA Handbook, revised Sept 2024.

3. OFFICIALS – CERTIFIED REQUIREMENT

See OSAA Executive Board Policy "OFFICIALS – CERTIFIED REQUIREMENTS" in the OSAA Handbook, revised Summer 2023.

4. INTERRUPTED CONTESTS

See OSAA Executive Board Policy "INTERRUPTED CONTESTS" in the OSAA Handbook, revised Fall 2015.

5. SCORE DIFFERENTIAL PROCEDURES

See OSAA Executive Board Policy "SCORE DIFFERENTIAL PROCEDURES" in the OSAA Handbook, revised Summer 2020.

6. ENDOWMENT GAMES

See OSAA Executive Board Policy "ENDOWMENT GAMES" in the OSAA Handbook, revised September 2022.

[\(Endowment Game Application\)](#)

STATE CHAMPIONSHIPS INFORMATION**1. STATE CHAMPIONSHIPS POSTING TIMELINES** <https://www.osaa.org/activities/bsc>

- A. **Athletic Directors, Coaches and Spectators**: Detailed information regarding the Soccer State Championships will be posted on the OSAA website on Tuesday, October 21. It is essential that participating teams and individuals access this information prior to the state championships. Included will be information regarding ticket prices, parking, maps, how to submit souvenir program information, souvenir merchandise, etc.
- B. **Event Management Information (EMI)**: Beginning Tuesday, October 21, schools that host state championship games must download Event Management Information from the OSAA website. Included will be information regarding expenses, admission policies, game management & ticket report, ticket booth signs, PA script, etc.

2. STATE CHAMPIONSHIP LOCATIONS, DATES AND TIMES

- A. **First Round – Semifinals**: Refer to brackets for locations and home team designation. Game times are by mutual agreement of both schools participating. If schools cannot mutually agree, the OSAA will make the final decision.
- B. **Finals**: All finals will be held on Saturday, November 15. OSAA will determine times for all finals.
 - 1) **6A, 5A Boys & Girls** – Hillsboro Stadium, 4450 NE Century Blvd. Hillsboro, 97124
 - 2) **4A, 3A/2A/1A Boys & Girls** – Falcon Field, Liberty HS, 7445 NE Wagon Dr, Hillsboro, 97124

3. PLAYOFF QUALIFICATIONS

- A. **6A Boys and Girls** – 32-Team OSAA Bracket Each Gender.
 - 1) **Automatic Qualifiers** – 21 teams automatically qualify for the OSAA's 32-team bracket based on regular season and/or district tournament play on or before **Tuesday, October 28**. Each league determines how they will select their three allotted playoff spots.
 - 2) **Rankings Freeze Date** – The rankings will freeze at **the conclusion of all contests** on Tuesday, October 28.
 - 3) **At-Large Qualifiers** – Eleven additional teams qualify for the OSAA's 32-team bracket based on the OSAA rankings. Once the rankings are frozen, the 11 highest ranked teams not already an automatic qualifier will qualify as At-Large teams.
 - 4) **Rankings** – Once the 32 qualifying teams are determined, they will be placed on the OSAA bracket according to OSAA Executive Board Policy "[State Championships – Rankings](#)."
- B. **5A Boys and Girls** – 16-Team OSAA Bracket Each Gender.
 - 1) **Automatic Qualifiers** – 14 teams automatically qualify for the OSAA's 16-team bracket based on regular season and/or district tournament play on or before **Saturday, November 1**. Each league determines how they will select their allotted playoff spots.

Northwest Oregon – 4; Midwestern – 3; Mid-Willamette – 4; Intermountain – 3

- 2) **Rankings Freeze Date** – The rankings will freeze at ***the conclusion of all contests*** on Saturday, November 1.
- 3) **At-Large Qualifiers** – Two additional teams will qualify for the OSAA's 16 -team bracket based on the OSAA rankings. Once the rankings are frozen, the two highest ranked teams not already an automatic league qualifier will qualify as At-Large teams.
- 4) **Rankings** – Once the 16 qualifying teams are determined, they will be placed on the OSAA bracket according to OSAA Executive Board Policy "[State Championships – Rankings.](#)"

C. **4A Boys and Girls** – 16-Team OSAA Bracket Each Gender.

- 1) **Automatic Qualifiers** – Twelve teams automatically qualify for the OSAA's 16-team bracket based on regular season and/or district tournament play on or before Saturday, November 1. Each league determines how they will select their allotted playoff spots.

Cowapa – 2; Tri-Valley – 2; Oregon West - 2; Sky Em – 2; Skyline - 2; Greater Oregon – 2

- 2) **Rankings Freeze Date** – The rankings will freeze at ***the conclusion of all contests*** on Saturday , November 1.
- 3) **At-Large Qualifiers** – ***Four additional teams will qualify for the OSAA's 16-team bracket based on the OSAA rankings. Once the rankings are frozen, the four highest ranked third place teams from the leagues will qualify as At-Large teams.***
- 4) **Rankings** – Once the 16 qualifying teams are determined, they will be placed on the OSAA bracket according to OSAA Executive Board Policy "[State Championships – Rankings.](#)"

D. **3A/2A/1A Boys** – 20-Team OSAA Bracket.

- 1) **Automatic Qualifiers** – **17** teams automatically qualify for the OSAA's 20-team bracket based on special district and/or district tournament play on or before ***Tuesday, October 28***. Each special district determines how they will select their allotted playoff spots.

Special District 1 –**3**; Special District 2 – **4**; Special District 3 – **3**; Special District 4 – **2**;
Special District 5 – **3**; Special District 6 –**2**; Special District 7 – **0**

(TBD by the Executive Board at its 9/8/25 meeting.)

Special District 7 schools will be removed from the rankings to determine bracket seeding.

- 2) **Rankings Freeze Date** – The rankings will freeze at ***the conclusion of all contests*** on ***Tuesday, October 28***.
- 3) **At-Large Qualifier** – ***Three*** additional teams will qualify for the OSAA's 20-team bracket based on the OSAA rankings. Once the rankings are frozen, the highest ranked teams not already an automatic league qualifier will qualify as the At-Large teams.
- 4) **Rankings** – Once the 20 qualifying teams are determined, they will be placed on the OSAA bracket according to OSAA Executive Board Policy "[State Championships – Rankings.](#)"

E. **3A/2A/1A Girls** – 20-Team OSAA Bracket.

- 1) **Automatic Qualifiers** – 19 teams automatically qualify for the OSAA's 20-team bracket based on special district and/or district tournament play on or before ***Tuesday, October 28***. Each special district determines how they will select their allotted playoff spots.

Special District 1 –**4**; Special District 2 – **4**; Special District 3 – **3**; Special District 4 – **5**; Special District 5 – **3**

- 2) **Rankings Freeze Date** – The rankings will freeze at ***the conclusion of all contests*** on ***Tuesday, October 28***.
- 3) **At-Large Qualifier** – One additional team will qualify for the OSAA's 20-team bracket based on the OSAA rankings. Once the rankings are frozen, the highest ranked team not already an automatic league qualifier will qualify as the At-Large team.
- 4) **Rankings** – Once the 20 qualifying teams are determined, they will be placed on the OSAA bracket according to OSAA Executive Board Policy "[State Championships – Rankings.](#)"

4. **STATE CHAMPIONSHIPS - HOME TEAM DESIGNATION** (OSAA Handbook, Executive Board Policies) (Revised Fall 2018)

During all rounds of each OSAA State Championship bracket, the team with the better Adjusted Playoff Ranking (APR) shall be the designated home team.

5. **STATE CHAMPIONSHIPS – TEAM SIZE** (OSAA Handbook, Executive Board Policies) (Revised Fall 2024)

A. The following limitations shall apply to replacement players and maximum team sizes for team sport State Championship events, first round through championship final. NOTE: Only players in uniform are allowed to participate in pre-game warm-ups.

B. **Penalties for excessive team size:** Suiing up, warming up, or playing too many players shall be considered a gross act of unsportsmanlike conduct and may be punishable by fines, forfeiture and/or other penalties as determined by the OSAA Executive Board.

4) **Soccer.** Team: Replacement of players applies to each game. A player replaced on the roster may be reinstated to the roster in subsequent games. Maximum in uniform: 6A – 24; All other classifications – 22.

6. **STATE CHAMPIONSHIPS – ADOPTED BALL** (OSAA Handbook, Executive Board Policies) (Fall 2010)

The OSAA shall require that the officially adopted ball for that sport be used in all state championship contests, first round through final sites.

A. **State Championship Contests at Home Sites.**

1) **Team sports (other than football).**

a) **Procedure.** Officials shall confirm that the game balls provided by the home team are the officially adopted balls. If the home team does not have the officially adopted ball, officials shall inquire if the visiting team has the officially adopted ball and use them if they are available. If neither team has the officially adopted ball, the contest shall be played, and officials shall report the violation by the host school to the OSAA.

b) **Penalty.** If no officially adopted balls are available for use at an OSAA state championship contest, the host school shall be subject to fines, forfeiture and/or other penalties as determined by the OSAA Executive Board.

B. **State Championship Contests Administered by OSAA Staff.** Officially adopted balls (Wilson NCAA/NFHS Vivido) shall be provided by OSAA staff administering the contests.

OSAA GENERAL POLICIES

RULES

Rule 3 – Contests – Sportsmanship – Crowd Control

See RULES - Athletic, Cheerleading and Dance/Drill “Rule 3-Contests-Sportsmanship-Crowd Control” in the OSAA Handbook.

Rule 7 – Out-of-Season and Non-School Activities

See RULES - Athletic, Cheerleading and Dance/Drill “Rule 7-Out of Season and Non-School Activities” in the OSAA Handbook.

EXECUTIVE BOARD POLICIES

1. **ADVERSE WEATHER CONDITIONS / AREA-WIDE EMERGENCY PROCEDURES**

See OSAA Executive Board Policy “ADVERSE WEATHER CONDITIONS/AREA-WIDE EMERGENCY PROCEDURES” in the OSAA Handbook, revised May 2020.

2. **AIR QUALITY GUIDELINES**

See OSAA Executive Board Policy “AIR QUALITY GUIDELINES” in the OSAA Handbook, revised February 2024.

3. **ATTACHED AND UNATTACHED COMPETITION / EXHIBITION**

See OSAA Executive Board Policy “ATTACHED AND UNATTACHED COMPETITION/EXHIBITION” in the OSAA Handbook, revised August 2012.

4. [CERTIFICATION – ATHLETIC DIRECTORS AND COACHES](#)

See OSAA Executive Board Policy “CERTIFICATION-ATHLETIC DIRECTORS AND COACHES” in the OSAA Handbook, revised May 2024.

5. [CHARITABLE CAUSES](#)

See OSAA Executive Board Policy “CHARITABLE CAUSES” in the OSAA Handbook, revised Fall 2012.

6. [CONCUSSION MANAGEMENT](#)

See OSAA Executive Board Policy “CONCUSSION MANAGEMENT” in the OSAA Handbook, revised Summer 2020.

[\(Medical Release – Return to Participation Following a Concussion\)](#) [\(Medical Release – Return to Learn Following a Concussion\)](#)

7. [EJECTION POLICIES – EJECTED PLAYER OR COACH](#)

See OSAA Executive Board Policy “EJECTION POLICIES – EJECTED PLAYER OR COACH” in the OSAA Handbook, revised Summer 2024.

[\(Ejection Report\)](#)

8. [EJECTION POLICIES – FINES](#)

See OSAA Executive Board Policy “EJECTION POLICIES -- FINES” in the OSAA Handbook, revised Summer 2024.

9. [EJECTION POLICIES – MULTIPLE EJECTIONS OF INDIVIDUAL](#)

See OSAA Executive Board Policy “EJECTION POLICIES – MULTIPLE EJECTIONS OF INDIVIDUAL” in the OSAA Handbook, revised Fall 2012.

10. [HAIR DEVICE / ADORNMENT](#)

See OSAA Executive Board Policy “HAIR DEVICE/ADORNMENT” in the OSAA Handbook, revised Summer 2022.

11. [HEAT INDEX](#)

See OSAA Executive Board Policy “HEAT INDEX” in the OSAA Handbook, revised Fall 2014.

[\(Heat Index Calculator\)](#) [\(Heat Index Record\)](#)

12. [LIGHTNING SAFETY GUIDELINES](#)

See OSAA Executive Board Policy “LIGHTNING SAFETY GUIDELINES” in the OSAA Handbook, revised Fall 2018.

[NFHS Position Statements & Guidelines](#)

13. [MORATORIUM WEEK](#)

See OSAA Executive Board Policy “MORATORIUM WEEK” in the OSAA Handbook, revised May 2014.

14. [NON-DISCRIMINATION POLICY](#)

See OSAA Executive Board Policy “NON-DISCRIMINATION POLICY” in the OSAA Handbook, revised July 2019.

[\(Complaint Form\)](#)

15. [OFFICIALS – HOST SCHOOL RESPONSIBILITIES](#)

See OSAA Executive Board Policy “OFFICIALS – HOST SCHOOL RESPONSIBILITIES” in the OSAA Handbook, revised Winter 2014.

16. [REPORTING SCHEDULES, ROSTERS AND RESULTS](#)

See OSAA Executive Board Policy “REPORTING SCHEDULES, ROSTERS AND RESULTS” in the OSAA Handbook, revised Summer 2024.

17. [SHARED FACILITIES](#)

See OSAA Executive Board Policy “SHARED FACILITIES” in the OSAA Handbook, revised Fall 2015.

[\(Shared Facility Request\)](#)

18. [STATE CHAMPIONSHIPS – RANKINGS](#)

See OSAA Executive Board Policy “STATE CHAMPIONSHIP -- RANKINGS” in the OSAA Handbook, revised Summer 2024.

19. [WITHDRAWAL DURING A COMPETITION](#)

See OSAA Executive Board Policy “WITHDRAWAL DURING A COMPETITION” in the OSAA Handbook.