



OSAA / OnPoint Community Credit Union  
CROSS COUNTRY STATE CHAMPIONSHIPS  
2025 SEEDING CRITERIA



#### Members Per Committee

6A - 1 coach per league, per gender + OACA Rep

5A - 1 coach per league + OACA Rep

4A - 1 coach per league + OACA Rep

3A Boys - 1 coach per district + OACA Rep

2A/1A Boys - 1 coach per district + OACA Rep

3A/2A/1A Girls - 1 coach per district +OACA Rep

**Ineligible Coaches** - *A coach cannot be a league/district representative on the At-Large committee if they have a team (boys and/or girls) in the At-Large Pool.*

#### Process for Choosing the Committee Members

1. Each league/district will be responsible for choosing their own representative(s).
  - A. A list of substitute coach representatives must be created so that they can be on the committee in the case that a current committee member has a team in the At-Large Pool.

#### Determining Eligible Teams

1. Based on District Meet finish placements
  - A. 6A - Only third and fourth place teams from each district qualifying event may be considered for at-large berths.
    - i. 6A - 14 eligible teams for four (4) spots
  - B. 4A – Only the third place team from each district qualifying event may be considered for at-large berths.
    - i. 4A – 6 eligible teams for one (1) spot.
  - C. 3A/2A/1A Girls – Only fourth, fifth, and sixth place teams from each district/league qualifying event may be considered for at-large berths.
    - i. 3A/2A/1A Girls – 12 eligible teams for four (4) spots.
  - D. 5A, 3A Boys, 2A/1A Boys - Only third, fourth, and fifth place teams from each league/district qualifying event may be considered for at-large berths.
    - i. 5A - 12 eligible teams for five (5) spots
    - ii. 3A Boys - 12 eligible teams for four (4) spots
    - iii. 2A/1A Boys - 12 eligible teams for four (4) spots

#### Criteria for Choosing Teams

1. Order of finish at district meet (ex. a fourth-place team is only eligible if that district's third place team has been chosen for an at-large berth).
2. Eligible team's district championship team score compared to automatic qualifying teams in the district.
3. Strength of the district based on state meet results from the previous year.
4. Head-to-head competition with more consideration given to meets later in the season, as available.

#### Process for Choosing Teams

1. After all district meets have been completed and results posted to athletic.net:
  - A. OSAA will host a virtual meeting to include committee members as well as OSAA staff and a representative from Athletic.net.
  - B. The OACA Rep will serve as the moderator of the discussion and will compile results.
  - C. The pool of eligible teams will be compiled by the OSAA and sent to the committees prior to the meeting.
  - D. Committee discusses strengths of each team.
  - E. After discussion is complete, the committee will narrow down the list to the number of at-large bids plus two, all committee members will then rank each team based on the number of teams remaining in the pool.
    - i. Example - 6A has 14 eligible teams (two per league) – the committee will narrow that list down to six (four at-large + two), then each member will rank their 1st choice with six, their 2nd choice with five, third choice with a four, etc. all the way down to one.
  - F. The OACA rep will vote, but their votes will only be used in the case of a tie for the final at-large berth.
  - G. Points are tabulated by the OACA Rep and OSAA and at-large berths will be assigned accordingly.