

2025 CROSS COUNTRY DISTRICT MEET DIRECTORS

Updated: 10/27/2025

If there are any changes or corrections that need to be made to the information listed below please email them to Kathi @ kathif@osaa.org.

PLEASE IDENTIFY YOUR CLASSIFICATION & DISTRICT.

District	League Name	Date	Site	AD / DMD	Host School	AD Work Phone	AD/ DMD E-mail
6A-1	PIL	Oct. 29	Lents Park	Jessica Russell, AD / Meet Director	PIL	503.916.5200	jrussell@pps.net
6A-2	METRO	Oct. 29	THPRD	Colin Griffin, AD / Meet Director	Jesuit HS	503.291.5418	cgriffin@jesuitportland.org
6A-3	PACIFIC	Oct. 30	Joe Dancer Park, McMinnville	Alan Foster, AD / Meet Director	Liberty HS McMinnville HS	503.844.1250	fosteral@hsd.k12.or.us
6A-4	MT HOOD	Oct. 29	Blue Lake Park	Ryan Aldred, AD / Meet Director	Reynolds HS	503.667.3186 x1126	raldred@rsd7.net
6A-5	THREE RIVERS	Oct. 29	Clackamas Community College	Jason Ashley, AD Chris McIsaac, Meet Director	Tigard HS	503.431.5462	jashley@ttsd.k12.or.us mcisaacchris87@gmail.com
6A-6	CENTRAL VALLEY	Oct. 29	Western Oregon University	Brodie Cavaile, AD / Meet Director	North Salem HS	503.399.3274	cavaile_brodie@salkeiz.k12.or.us
6A-7	SOUTHWEST	Oct. 29	Lane Community College	Chris Mitchell, AD / Meet Director Chris Yorges, Meet Director	Sheldon HS	541.790.6650	mitchell_c@4jlane.edu
5A-1	NORTHWEST OREGON	Oct. 30	Blue Lake Park	Chris George, AD / Meet Director	La Salle Prep	503.353.1415	cgeorge@lsprep.org
5A-2	MIDWESTERN	Oct. 29	Oak Knoll Golf Course	Alec Slinkard, AD Karl Pryor, Meet Director	Ashland HS	541.482.2278 x2211	alec.slinkard@ashland.k12.or.us karlapryor64@gmail.com
5A-3	MID-WILLAMETTE	Oct. 30	Ash Creek Preserve - WOU	Andrew Jones, AD / Meet Director	Silverton HS	503.873.6331	jones_andrew@silverfalls.k12.or.us
5A-4	INTERMOUNTAIN	Oct. 29	Big Sky Park	Ryan Cruz, AD / Meet Director	Caldera HS	541.355.5113	ryan.cruz@bend.k12.or.us
4A-1	COWAPA	Oct. 30	Fort Stevens Historical Site	Kye Johnson, AD (Tillamook) Jeremy Boutin, Meet Director	Astoria HS	503.842.2566 x2040	johnsonk@tillamook.k12.or.us jboutin@astoriak12.org
4A-2	TRI-VALLEY	Oct. 29	Sorosis Park, The Dalles	Jim Taylor, AD Robert Thouvenel, Meet Director	The Dalles HS	541.506.3449 x2016	taylorj@nwasco.k12.or.us rdthouvenel@gmail.com
4A-3	OREGON WEST	Nov. 1	Philomath HS	Mike Hood, AD Joe Fulton, Meet Director	North Marion HS	541.929.3211 x1833	mike.hood@philomath.k12.or.us joe.fulton@philomath.k12.or.us
4A-4	SKY-EM	Oct. 30	Lane Community College	Garrett Bridgens, AD Ricky Knutson, Meet Director	Cottage Grove HS	541.942.3391	garrett.bridgens@slane.k12.or.us ricky.knutson@slane.k12.or.us
4A-5	SKYLINE	Oct. 29	Colver Fields	James Joy, AD Mike Davis, Meet Director	Phoenix HS	541.535.1526	james.joy@phoenix.k12.or.us mikedavis555@charter.net
4A-6	GREATER OREGON	Oct. 30	La Grande Country Club	Darren Goodman, AD Alma Crow, Meet Director	La Grande HS	541.663.3301	darren.goodman@lagrandesd.org almacrow3@gmail.com
3A-SD1 Boys	Special District 1	Oct. 30	Rainier HS	Kate Williams, AD / Meet Director Shanda Wagner, AD / Meet Director	Rainier HS	503.297.1894 x5200 503.556.4215 x314	williamsk@catlin.edu shanda_wagner@rsd.k12.or.us
3A-SD2 Boys	Special District 2	Oct. 29	Cheadle Lake Park	Robby Gilliam, AD Kellen Peters, Meet Director	East Linn Christian	541.259.2304	rgilliam@eastlinnchristian.org kpeters@eastlinnchristian.org
3A-SD3 Boys	Special District 3	Oct. 31	McKay Park, Pendleton	James Freitag, AD McKenzie Sheehy, Meet Director	Union HS	541.562.5166	james.freitag@unionsd5.org evans.mckenzie9@gmail.com
3A-SD4 Boys	Special District 4	Oct. 30	Valley of the Rogue State Park, Gold Hill	Jamie Young, AD Joe Volk, Meet Director	St. Mary's School	541.773.7877	jyoung@smschool.us jvolk@smschool.us

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2A/1A-SD1 Boys	Special District 1	Oct. 30	Rainier HS	Kate Williams, AD / Meet Director Shanda Wagner, AD / Meet Director	Rainier HS	503.297.1894 x5200 503.556.4215 x314	williamsk@catlin.edu shanda_wagner@rsd.k12.or.us
2A/1A-SD2 Boys	Special District 2	Oct. 29	Cheadle Lake Park	Robby Gilliam, AD Kellen Peters, Meet Director	East Linn Christian	541.259.2304	rgilliam@eastlinnchristian.org kpeters@eastlinnchristian.org
2A/1A-SD3 Boys	Special District 3	Oct. 31	McKay Park, Pendleton	James Freitag, AD McKenzie Sheehy, Meet Director	Union HS	541.562.5166	james.freitag@unionsd5.org evans.mckenzie9@gmail.com
2A/1A-SD4 Boys	Special District 4	Oct. 30	Valley of the Rogue State Park, Gold Hill	Jamie Young, AD Joe Volk, Meet Director	St. Mary's School	541.773.7877	jyoung@smschool.us jvolk@smschool.us
3A/2A/1A-SD1 Girls	Special District 1	Oct. 30	Rainier HS	Kate Williams, AD / Meet Director Shanda Wagner, AD / Meet Director	Rainier HS	503.297.1894 x5200 503.556.4215 x314	williamsk@catlin.edu shanda_wagner@rsd.k12.or.us
3A/2A/1A-SD2 Girls	Special District 2	Oct. 29	Cheadle Lake Park	Robby Gilliam, AD Kellen Peters, Meet Director	East Linn Christian	541.259.2304	rgilliam@eastlinnchristian.org kpeters@eastlinnchristian.org
3A/2A/1A-SD3 Girls	Special District 3	Oct. 31	McKay Park, Pendleton	James Freitag, AD McKenzie Sheehy, Meet Director	Union HS	541.562.5166	james.freitag@unionsd5.org evans.mckenzie9@gmail.com
3A/2A/1A-SD4 Girls	Special District 4	Oct. 30	Valley of the Rogue State Park, Gold Hill	Jamie Young, AD Joe Volk, Meet Director	St. Mary's School	541.773.7877	jyoung@smschool.us jvolk@smschool.us