Dear OSAA,

 This is my reasons why Freshman year I missed most of spring term. Towards the start of spring term me and my family found out that my mom was addicted to pain medication and my older brother was starting to follow her steps. In the previous months i was seriously injured with a shattered shoulder blade. The doctor prescribed heavy pain medication to help with the pain i was dealing with. she told me and my grandma about her addiction. My grandma was angered by this and threatened to kick us out of her house. Midway through the process of my mother's recovery, my older brother left me and my mom when we needed him most and moved to Texas. I was devastated at what was going on and I got seriously depressed. Because of the depression I missed so much school because I was to scared and afraid to go back that I never got ahold of myself.

 This year alone has changed so much, I have started to recover my missing credits from last year. I had a class fall trimester that is called alternative school which helps make up credits you missed. During that trimester I was able to earn 1 extra credit. This upcoming term I will have alternative school again to help make up more credits from last year and hopefully be on track to graduate by next year. My goal for spring term is to earn 2 credits and hopefully a third. My family is back to normal again and my mother is now one year clean from drug abuse. We later found out my brother was clean as well when my mom became clean so they have the same day of sobriety. He is doing well in Texas starting a life down there working.

 Thank you very much for letting me write to you and I hope this helps explain the circumstances so you guys can better understand what happened. I really look forward to be able to do track and do my main sport, football, next fall. Sports is my life and helps me get away from my problems. Sports also help me set goals in school and life and focus on me. Thank you again, I hope to hear from you soon.

Sincerely,

Lukas Twidwell
2-29-16