

The last half of my junior year was a hard time for me. My mother and I were distant, things had been changing for us. Our relationship got so bad that I had to move out, again. I moved in with my boyfriend, which was not the answer. I felt disappointed in myself, embarrassed that I didn't even get to live at home. After a couple days of going to school, crying, having no motivation, and fully giving up on myself I told myself I would not be successful. I stopped going to school, being around friends, and even my family. Everything I was doing was making it worse. Trying drugs, drinking often, all in hope I would forget. After a month of being something I'm not I got the courage to go to ~~school~~ school on the last day to get my senior year planned out and get on track to graduate. Not long after my mom contacted me saying she's moving back to Oregon to start over and she wanted me to come with her. The same day we left. Ever since sophomore year when I left I have had stress problems. Now that I have come back to Echo I don't have those problems. I no longer wake up ~~and~~



and feel, helpless, miserable, scared to go to school and at the same time scared to go home. My mother and I have come a long way since then and I now want to be successful for the both of us. I want that chance to show everyone I am a good student, I do try hard, and I'm not who I use to be. I am a student-athlete, student comes first and I am going to prove I can be both. Being involved in a sport, having teammates that I played with all my life, it is everything I could wish for. Playing sports is a good motivator, a way to push me in every good way possible, and make me feel like the girl I was three years ago. Coming back to Echo has literally changed the way I feel and think, and I can honestly say I wish I had done this sooner. I was speechless when Mr. Smith said Echo would love to have me back, I am one who needs words of ~~encouragement~~ encouragement, a high five, even just a smile, and Echo provides that daily, and so much more. I am Cheyenne, and I AM an Echo Cougar.