



**morrison**

child & family services

gresham outpatient

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Client: Ashley Weeg  
DOB: 03/07/1999  
Guardian: Cynthia Weeg  
Date: 12/01/2015

To whom it may concern,

This letter is intended to serve as a treatment progress update and assist in the evaluation process to determine whether the above named student will be allowed to participate in school sponsored extra-curricular activities. I have been working with Ashley since September of 2014. Treatment is currently focused on treating symptoms of Anxiety, Depression and Attention Deficit Disorder. Positive engagement in prosocial activities can be difficult (due to interference from mental health symptoms - i.e. panic attacks, lack of motivation, disorganization, etc.), yet is typically highly beneficial in treating these symptoms in adolescents. Over the past six months, I have observed marked improvement in engagement in therapeutic process, desire to improve functioning, and use of positive tools and strategies to manage symptoms outside of session. It is my belief that participation in extra-curricular activities that bolster prosocial engagement, build confidence and mastery, and motivate Ashley to continue to pursue her academic goals will contribute to increasing her success in school and management of mental health conditions.

Sincerely,

Kim Cooper, LMFT  
Mental Health Therapist