



South Albany High School

"Home of the Rebels"

Brent Belveal
Principal

Julie Foster-Teeter
Assistant Principal

Richard Shaw
Assistant Principal

Tony Matta
Athletic Coordinator

Chad Angel
Dean of Students

Karen Kennedy
Office Manager

December 10, 2015

To Whom It May Concern:

I am writing on behalf of Lauren Glass. I have served as her guidance counselor at South Albany High School for the last two school years. During that time I have known Lauren to be a conscientious student who has attempted her best. She has shown a great attitude and a desire to succeed.

Lauren has also dealt with some personal difficulties including anxiety and depression. The first semester of her freshman year, she passed all her classes and earned a 2.71 GPA but struggled because of emotional issues. She and her family decided to go to online school for second semester until she could get things under control involving possible medication and counseling. The online piece was not successful and she ended up earning no credits second semester.

However, Lauren began to get a good handle on her emotional issues. She is back at South Albany High School this year and as I write this, she is earning a 3.83 GPA this term with only 5 weeks left to. She is doing very well. We have a plan in place for her to graduate on time and I have no question that she will.

I believe that her being involved in co-curricular athletics and other activities would be a huge part to her continued success as a student. If I can be of any other service, please do not hesitate to contact me.

Sincerely,

Jason Platt

Counselor