

To whom it may concern,

My son Skyler younger would like to be on the Swim team for Oregon city high school. Unfortunately he has run into a problem with his credits being short.

Skyler has had a hard life. Two years ago Skyler lost his mom to ovarian cancer. As a result skyler developed severe anxiety and panic attacks. At the time Skyler was enrolled in Westlinn high school, do to the panic attacks I had to transfer Skyler to a new school. I pulled Skyler out in the middle of a semester and transferred to a school that had just started a new trimesters. The semester credits were not able to be transferred, causing him to fall behind. Skyler has also failed some classes due to anxiety, panic attacks and test anxiety. However Skyler's condition is improving as well as his grades.

One of the recommended treatment for anxiety is regular exercise, which the swim team will provide. Being on the swim team will decrease his anxiety and with decreased anxiety he will do better in school.

As a parent I feel it is imperative that he be on the swim team.

Sincerely,

A handwritten signature in black ink, appearing to read "Jay Young".

Jay Young