

Dear OOSA,

My name is Selena Contreras. I'm 15 and I'm going to be a sophomore this year.

I'm writing you, because I would like to receive a hardship in order for me to play volleyball this fall.

Last years grades were not something I'm proud of, but let me explain to you why I believe that I should receive the hardship.

I've dealt with depression for 3 years now. Towards the end of 8th grade it became a little worse, but I was making it. Freshman year I was still struggling. I tried my best but it was hard to concentrate when you overthink a lot.

2nd Semester was when stuff went down hill. I attempted suicide 4 times, I had my appendix removed & I was hospitalized 2 times. I tried to catch up, but lots of the teachers never gave me work so I could pass.

This year I'm being looked at for Varsity. I've been ~~3~~ playing volleyball